



RAIN CITY SPA

TREATMENTS

Our most exclusive treatment journeys, created by our expert therapists to deliver a luxurious, transformative experience. These packages embody the philosophy of our spa, blending unique rituals and premium products for unparalleled results.



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SIGNATURE SPA PACKAGES

A collection of deeply restorative rituals, created to envelop the senses in calm, beauty and unhurried indulgence. Each journey is an invitation to slow down, breathe deeply and surrender to the restorative art of spa.

WHISPERS OF RAIN RITUAL

2hr 45min | R4070

A sublime full-body escape inspired by the quiet serenity of rainfall. This immersive ritual moves gently from renewal to relaxation, surrounding the body with soothing touch and sensory luxury. Every moment is designed to quiet the mind, soften tension and leave you wrapped in a deep sense of tranquility.

For the guest seeking complete surrender, serenity and a beautifully unhurried reset.

LUXURIOUS 7 OILS RITUAL

2hr35 | R3870

An opulent aromatherapy journey celebrating the sensual richness of seven exquisite oils. The experience envelops the body in nourishing touch and aromatic warmth, encouraging profound relaxation while leaving the skin feeling beautifully conditioned and luminous.

A decadent choice for those who adore aromatic rituals, rich textures and restorative touch.

CLOUD 7 WELLNESS RETREAT

4hrs | R4870

A four-hour sanctuary of pure escapism, created for guests who wish to drift away from the demands of everyday life. This extended wellness experience layers relaxation, renewal and sensory indulgence into one seamless retreat, leaving both body and spirit feeling lighter.

The ultimate midweek reset or luxurious self-care escape.

THE RAIN MOTHER 2 B JOURNEY

1hr 30min | R2217

A nurturing Rain City ritual inspired by the warmth, comfort and restorative embrace of a mother's care. Gentle, grounding and deeply soothing, this journey is created to bring the body back to stillness while the mind is given permission to let go.

A tender escape when you need comfort, grounding and a moment of quiet restoration.

CHAIRMAN'S EXECUTIVE PAMPER PACKAGE

2hrs 30min | R4037

An elevated retreat for the discerning guest. Designed around sophisticated relaxation and well-being, this executive escape offers precious time away from the pace of business and daily demands. Expect polished, restorative care with an unmistakably luxurious finish.

Perfect for executives, special occasions or anyone deserving of exceptional downtime.

THE PRINCESS TREATMENT PACKAGE

4hrs | R5739

A regal four-hour indulgence where every detail is devoted to feeling cherished. This lavish spa journey combines relaxation, beauty and unhurried pampering in an experience designed to make you feel utterly cared for from beginning to end.

For birthdays, bridal celebrations, milestones—or simply because you deserve the royal treatment.



SIGNATURE SPA PACKAGES

HALF DAY SPA ESCAPE

4hrs | R5227

Four uninterrupted hours devoted entirely to you. The Half Day Spa Escape is a graceful departure from routine, blending restorative wellness with luxurious pampering. It is time to disconnect from the outside world, restore your energy and emerge beautifully renewed.

FOREVER YENA COUPLE'S SPA

2hrs | R9170

A luxurious shared escape for two. Forever Yena invites couples to step away from the world and into a private atmosphere of calm, connection and indulgence. Designed as a celebration of togetherness, it transforms spa time into a memorable shared ritual.

Ideal for anniversaries, romantic occasions or simply reconnecting in beautiful surroundings.

FULL DAY SPA INDULGENCE

6hrs 30min | R7643

The definitive Rain City escape. Six and a half hours of uninterrupted indulgence create the space to completely disconnect, restore and luxuriate at an unhurried pace. A full-day journey for guests who believe wellness should never be rushed.

Our most immersive day retreat—an exquisite gift to yourself or someone truly special.

SIGNATURE BODY THERAPIES

BELLA BACCI TREATMENT

90min | R2588

Experience the restorative power of cupping with the Bella Bacci Treatment. This ritual enhances & stimulates circulation, relieves deep muscular tension, and encourages the body's natural detoxification leaving your body with a renewed sense of vitality.

LYMPHATIC DRAINAGE TREATMENT

90min | R2522

A refined rhythmic therapy that delicately stimulates your body's lymphatic system promoting detoxification, reducing fluid retention, enhancing immunity and restoring the body to a state of lightness and balance from within.

VACU-CURVE BODY LIFT

1hr | R2838

A sculpting body therapy using advanced vacuum technology to naturally enhance and contour the décolletage and derriere creating lifted and beautifully defined curves.

RAIN RENEWAL EXPERIENCE

1hr 30min | R2468

An invigorating full body ritual that awakens your senses. Starting with a dry body brushing, followed by a bespoke exfoliating scrub and a deeply nourishing wrap leaving the body refreshed, radiant and cocooned in pure renewal.

WOOD THERAPY BODY TREATMENT

60min | R1650

A sculpting and revitalising body ritual inspired by the ancient art of Madero Therapy. Using specially designed wooden tools and rhythmic massage techniques, this treatment works deeply into the body to stimulate circulation, encourage lymphatic drainage and promote a smoother, more toned appearance.

WOOD THERAPY BODY TREATMENT

90min | R1980

Experience the ultimate Madero Therapy body ritual, combining extended sculpting, contouring and massage techniques for a more comprehensive full-body experience. A luxurious body ritual designed to leave the skin feeling revitalised and the body feeling sculpted, energised and renewed.

SIGNATURE BODY RITUALS

RAIN PURIFYING RITUAL

120min | R2950

Charcoal Scrub • Charcoal Body Mud • Swedish Massage with Detox Essence

A purifying full-body ritual designed to refresh the skin and restore balance. It begins with a charcoal scrub to exfoliate and draw out impurities, followed by a mineral-rich charcoal body mud. A soothing Swedish massage with Detox Essence completes the ritual, leaving the body refreshed and renewed. Recommended for: Congested or dull skin in need of revitalisation.

RAIN SERENITY RITUAL

120min | R2950

Relax Scrub • Pink Himalayan Body Mud • Swedish Massage with Relax Essence

A calming body ritual designed to ease tension and encourage deep relaxation. It begins with a gentle Relax Scrub to smooth and soften the skin, followed by mineral-rich Pink Himalayan Body Mud. A flowing Swedish massage with Relax Essence completes the ritual, leaving the body deeply relaxed. Recommended for: Guests seeking stress relief and complete tranquillity.

RAIN VITALITY RITUAL

120min | R2950

Aroma Uplifting Scrub • French Green Body Mud • Swedish Massage with Energy Essence

A revitalising body ritual designed to awaken the senses and restore energy. It begins with an Aroma Uplifting Scrub to polish and stimulate the skin, followed by refreshing French Green Body Mud. A flowing Swedish massage with Energy Essence completes the ritual, leaving the body refreshed and re-energised. Recommended for: Guests feeling tired, sluggish or in need of renewed energy.

RAIN SILHOUETTE RITUAL

60min | R3600

A results-focused body-sculpting ritual combining professional products with specialised contouring techniques. Circulation-enhancing, body-moulding, cryo-inspired fat-freezing and metabolism-supporting techniques target areas of concern to encourage a smoother, more defined silhouette. Ideal for guests seeking contouring, definition and revitalisation.

Targeted Lipolysis Enhancement Add-On

R1500 per targeted area

Enhance selected body-sculpting rituals with a targeted lipolysis treatment. Following a professional assessment, lipo injections are administered to areas of localised adipose tissue as part of a personalised aesthetic protocol. Recommended as an add-on to the Rain Silhouette Ritual and selected body-contouring treatments.

MASSAGE THERAPIES

TRADITIONAL SWEDISH MASSAGE

60min | R1348 - 90min | R1687

A classic full-body massage designed to melt away everyday tension and restore a deep sense of relaxation. Long, flowing strokes, gentle kneading and rhythmic movements encourage circulation, ease muscular tension and leave the body feeling lighter, calmer and beautifully restored.

AROMATHERAPY MASSAGE

60min | R1558 - 90min | R2141

A deeply relaxing sensory journey combining soothing massage techniques with carefully selected aromatic oils. The therapeutic touch works to release muscular tension while the captivating aromas promote relaxation, emotional balance and a renewed sense of wellbeing.

DEEP TISSUE THERAPY

60min | R1700 - 90min | R2253

An intensive, results-driven massage designed to target deeper layers of muscular tension and stubborn areas of discomfort. Focused pressure and specialised techniques help release tight muscles, improve mobility and restore a profound sense of physical ease.

LUXURIOUS CANDLE THERAPY

60min | R1974 - 90min | R2561

An indulgent treatment where a warm, nourishing massage candle melts into a silky body oil, creating a beautifully comforting massage experience. The gentle warmth and luxurious texture envelop the skin while therapeutic massage movements soothe tired muscles and encourage complete relaxation.

CBD JETLAG RESCUE

60min | R1843 - 90min | R2505

A restorative full-body treatment created for tired, travel-weary bodies. Combining soothing massage techniques with CBD-infused products, this calming ritual helps ease muscular tension, encourage relaxation and leave the body feeling refreshed, grounded and revitalised after the demands of travel.

HOT STONE THERAPY

60min | R1739 - 90min | R2226

A deeply soothing ritual combining the therapeutic touch of massage with the comforting warmth of heated stones. The heat helps soften muscular tension while the stones glide across the body, creating a profoundly relaxing experience that encourages circulation and a deep state of calm.

NDZEKA RITUAL

60min | R2180 - 90min | R2860

An indulgent African-inspired body ritual celebrating the beauty of traditional wellness and restorative touch. Rhythmic massage movements work across the body to release tension, soothe tired muscles and create a grounding, deeply relaxing experience that leaves you feeling renewed and reconnected.

BACK, NECK & SHOULDERS

45min | R1943 - 60min | R2487

A focused therapeutic treatment dedicated to the areas where daily stress and tension most commonly accumulate. Targeted massage techniques work across the back, neck and shoulders to soften muscular tightness, encourage relaxation and restore a feeling of lightness and comfort.

RAIN GOURD THERAPY

60min | R1413 - 90min | R1722

A distinctive Rain City Spa ritual incorporating the gentle, rhythmic use of traditional gourds alongside therapeutic massage techniques. Designed to release tension and promote deep relaxation, the flowing movements create a grounding sensory experience while leaving the body feeling lighter, restored and beautifully relaxed.



QMS FACIAL TREATMENTS

QMS COLLAGEN RESET FACIAL

60 Min | R1350

The Perfect Skin Reset

A beautifully restorative facial designed to bring tired, dehydrated and devitalised skin back to life. The QMS Collagen Reset Facial replenishes moisture, nourishes the skin and supports its natural renewal processes, leaving the complexion feeling smoother, fresher and beautifully revitalised. Ideal for: Dehydrated skin, dull complexion and early signs of ageing.

QMS COLLAGEN REVIVE FACIAL

90 Min | R1550

The Radiance Revival

A revitalising 90-minute experience created to awaken tired, dull and fatigued skin. This exquisite facial combines advanced QMS skincare with Specialised massage techniques designed to stimulate circulation, release facial tension and restore a naturally healthy glow. Ideal for: Dull, dehydrated, blemish-prone or tired skin and the first signs of ageing.

QMS COLLAGEN REPAIR FACIAL

90 Min | R2300

The Skin Recovery Ritual

A revitalising 90-minute experience created to awaken tired, dull and fatigued skin. This exquisite facial combines advanced QMS skincare with Specialised massage techniques designed to stimulate circulation, release facial tension and restore a naturally healthy glow. Ideal for: Dull, dehydrated, blemish-prone or tired skin and the first signs of ageing.

QMS COLLAGEN CONTOUR FACIAL

90 Min | R1950

The Ultimate Lift & Sculpt

A sophisticated facial ritual designed to visibly redefine and revitalise the contours of the face. This advanced treatment combines collagen-focused skincare with an exclusive lifting massage technique to encourage a firmer, plumper and more sculpted appearance. Ideal for: Loss of firmness, sagging, fine lines, wrinkles and reduced elasticity.

QMS COLLAGEN CONTOUR FACIAL

90 Min | R1750

The Collagen Renewal Ritual

A luxurious collagen-infused facial designed to replenish moisture, revive tired skin and restore a smoother, more youthful-looking complexion. This treatment combines nourishing QMS formulations with restorative facial massage techniques to support skin vitality and improve the appearance of texture and firmness. Perfect for guests seeking a deeply hydrating and rejuvenating facial, it leaves the skin feeling plump, supple and intensely nourished, with a beautiful post-treatment radiance. Ideal for: Dehydrated, mature or fatigued skin, loss of elasticity and visible signs of ageing.

Madero Facial Treatment Add-On R350

LED Light Facial Therapy Add-On R350

BABOR TREATMENTS

BABOR SIGNATURE FACIAL EXPERIENCE

An indulgent facial ritual featuring premium BABOR skincare and expert therapeutic techniques. This deeply nourishing experience cleanses, revitalizes and replenishes the skin while inviting you into a state of complete relaxation.

MICROBIOMIC FACIAL TREATMENT

60 min | R806

A restorative facial designed to support and rebalance the skin's natural microbiome. Specialized skincare and soothing techniques help comfort, hydrate and revitalize the complexion, revealing skin that feels healthy, balanced and radiant.

GROUNDING SIGNATURE BODY & SOUL JOURNEY

120 min | R1898

A deeply restorative ritual designed to reconnect body, mind and senses. A harmonious combination of therapeutic touch and luxurious body rituals melts away tension, encourages relaxation and leaves you feeling grounded, renewed and restored.

GROUNDING MASSAGE

60 min | R835

A calming full-body massage created to release muscular tension and quiet the mind. Slow, flowing movements encourage deep relaxation while restoring a beautiful sense of balance and inner calm.

GROUNDING SKIN REFINING SALT OIL PEELING & MASSAGE

60 min | R1624 | 90 min | R2111

A luxurious body ritual combining mineral-rich salt exfoliation with a deeply relaxing massage. The skin is gently refined and nourished while therapeutic touch releases tension, leaving the body feeling silky smooth, revitalized and beautifully grounded.

GROUNDING SKIN REFINING SALT OIL PEELING & WRAP

60 min | R2435

An indulgent body ritual that begins with a luxurious salt and oil exfoliation before enveloping the skin in a nourishing wrap. Designed to refine, soften and replenish the skin while creating a deeply soothing and restorative escape.

GROUNDING SKIN REFINING SALT OIL PEELING

30 min | R945

A luxurious exfoliating ritual using a mineral-rich salt and oil blend to gently polish away dull surface cells. Skin left feeling incredibly smooth, soft and renewed, with a beautifully refined and radiant finish.

GROUNDING FOOT TREATMENT

60 min | R791

A restorative ritual dedicated to tired and hardworking feet. Gentle exfoliation, intensive nourishment and therapeutic massage soothe and revitalize, leaving the feet beautifully soft, refreshed and deeply relaxed.

BABOR TREATMENTS

GROUNDING HAND TREATMENT

60 min | R539

A luxurious ritual created to nourish, soften and restore. Exfoliation, intensive hydration and soothing massage leave the hands feeling silky smooth, cared for and beautifully rejuvenated.

ULTIMATE SIGNATURE GROUNDING JOURNEY

150 min | R2248

The ultimate expression of relaxation and restoration. This immersive full-body journey combines luxurious rituals and therapeutic touch to release tension, nourish the skin and reconnect body and mind, leaving you feeling completely renewed, balanced and deeply restored.

Madero Facial Treatment Add-On R350

LED Light Facial Therapy Add-On R350

CHEMICAL PEEL TREATMENTS

RAIN AGE-DEFYING RENEWAL PEEL

60min | R1050

A rejuvenating professional peel designed to refine skin texture, reduce the appearance of fine lines and promote a smoother, firmer and more radiant complexion. Ideal for skin showing visible signs of ageing, dullness or loss of vitality.

RAIN LUMINOUS RADIANCE PEEL

60min | R1150

A brightening peel designed to address dullness, uneven-looking skin tone and the appearance of pigmentation, leaving the complexion fresh, smooth and radiant.

RAIN BOTANICAL PURITY PEEL

60min | R1100

A purifying botanical peel designed to remove surface impurities, refine the appearance of pores and promote clearer, smoother-looking skin. Ideal for congested, oily or blemish-prone skin.

EYELASH & BROW

EYELASH EXTENSIONS

R1800

Enhance your natural beauty with beautifully applied eyelash extensions, individually tailored to complement your eye shape and desired look. From soft and natural to fuller and more glamorous, each set creates effortless definition, length and volume, leaving your lashes looking polished and captivating.

EYEBROW LAMINATION

R800

A refined rhythmic therapy that delicately stimulates your body's lymphatic system promoting detoxification, reducing fluid retention, enhancing immunity and restoring the body to a state of lightness and balance from within.

WAXING

A modern approach to hair removal, combining precision waxing techniques with soothing skincare benefits. Leaves skin silky-smooth while caring for its health and comfort.

ADVANCED WAXING TREATMENT

R980

FULL LEG

60min | R575

½ LEG WAX

30min | R475

FULL ARM

30min | R590

HALF ARM

30min | R420

UNDERARM

15min | R470

FULLFACEWAX

30min | R500

BROW WAX

15min | R225

LIP WAX

15min | R225

CHIN WAX

15min | R225

BIKINI

15min | R375

HOLLYWOOD

45min | R570

BRAZILIAN

30min | R470

VAJACIAL

60min | R850

HANDS & FEET

Pampering treatments that go beyond grooming — our manicures and pedicures restore softness, relieve tension, and rejuvenate tired hands and feet with a touch of elegance.

HAND HEAVEN

30min | R663

Say goodbye to dull, tired hands with our pampering Hand haven experience designed to gently exfoliate, hydrate, and rejuvenate your hands. Our expert therapists will apply a specially formulated peel to gently remove dead skin cells and reveal a softer, smoother texture. This treatment is followed by a relaxing massage and a nourishing mask to leave your hands feeling refreshed and deeply moisturized

FOOT FINESSE

30min | R738

Revitalize your tired feet with our luxurious Foot Peel treatment. This soothing experience begins with a warm foot soak infused with natural botanicals, followed by a gentle exfoliation using a specialized foot peel solution. This process effectively removes dead skin cells, leaving your feet feeling incredibly soft and rejuvenated. Finish off with a relaxing massage and moisturizing treatment.

CLASSIC MANICURE

60min | R722

A timeless nail-care ritual designed to restore, refine and beautify the hands. This treatment includes nail shaping, cuticle care, gentle exfoliation, a relaxing hand massage and your choice of polish. Perfect for beautifully groomed, polished hands.

CLASSIC PEDICURE

60min | R913

A rejuvenating foot-care ritual designed to refresh, soften and beautifully groom the feet. The treatment includes nail shaping, cuticle care, exfoliation, a relaxing foot massage and your choice of polish, leaving feet feeling smooth, refreshed and impeccably groomed.

TERMS & CONDITIONS

CANCELLATION & RESCHEDULING

Treatments are reserved at the time of booking. A 50% deposit is required to confirm your booking.

48 hours or more: Cancel or reschedule without a fee.

Less than 48 hours: 100% cancellation or rescheduling fee applies.

No-shows: 100% of the booked treatment value will be charged.

Rescheduling is subject to availability. Repeated rescheduling may require a deposit or full prepayment.

ARRIVALS & TREATMENTS

Please arrive 30 minutes before your treatment for check-in and preparation. Late arrivals may result in a shortened treatment. The full treatment price still applies.

PACKAGES & GROUP BOOKINGS

For packages or multiple treatments, the cancellation fee may apply to the full booking or affected treatment. For prepaid packages, the fee may be deducted from the prepaid amount.

Bookings for three or more guests, private spa events, corporate bookings and special occasions may have different terms. A deposit or full prepayment may be required and will be confirmed when booking.

SPA & HYDRO FACILITIES

Available to guests with treatments booked for 60 minutes or longer. Facilities include a heated hydro pool with rimflow jacuzzi, steam room, sauna and Swiss showers. The Spa and hydro facilities are quiet zones. Please respect the silence and other guests. Appropriate swimwear is required. Phones must be switched off. No selfies, tripods, social media content creation, disruptive shoots or calls are permitted. The hotel pool is reserved for in-house guests only. A locker with a robe and slippers is provided. High-value lockers are also available under camera surveillance.

GUEST INFORMATION

Management and staff are not liable for loss of or damage to personal property. We recommend leaving valuables at home.

We reserve the right to refuse service to anyone behaving inappropriately or disrespectfully.

All prices include VAT and are subject to change without prior notice.

GIFT VOUCHERS

Gift vouchers are available online, via email or directly from the Spa. They are issued for monetary value only, non-refundable and valid for 1 year from purchase.

Appointments booked using gift vouchers remain subject to these terms.

ADDITIONAL INFORMATION

Signature Spa Journeys can be adapted for mothers-to-be. Picnic, breakfast and High Tea options can be added before or after treatments.

SPA-INITIATED CHANGES

If Rain City Spa needs to cancel or reschedule, we will contact the guest and offer an alternative. No cancellation fee applies where the spa is responsible.

EXCEPTIONAL CIRCUMSTANCES

Genuine emergencies or unforeseen circumstances will be considered by management case-by-case. By making a booking, you confirm that you have read and accepted these terms.

